

COSMETICS AND WELLNESS



THE ROMANTIC HOTEL IN THE MÜNSTER TAL
SINCE 1861 FAMILY FUCHS

SEE, HEAR, SMELL, TASTE, FEEL. AT SPIELWEG WE PAMPER ALL YOUR SENSES.



There is plenty to see every day. A brief glance at our local mountain Branden, already allows you to draw strength from the surroundings. Listen to the cow bells on the nearby paddock and the soothing murmurs of the stream. The flowers and herbs in our garden exude tempting smells and in terms of taste, our kitchen provides only the very best. Now we are left with feeling which - last but not least - is taken care of by our kind ladies in the wellness department. Treat your body and spirit to a soothing time out! Treatments are provided with the product lines SAN VINO and MARIA GALLAND PARIS.

SAN VINO is a natural grapeseed and red wine cosmetics range - based on natural ingredients and free of parabens, silicon and mineral oils.

MARIA GALLAND PARIS is known for its versatile pampering and care treatments for face and body.



RITUALS

San VINO Facial Ritual

A grapeseed modelage leads into a sumptuous facial care experience.

At the same time, heated gloves and slippers filled with grapeseeds contribute to a feeling of regeneration and recovery all year round.

The bioenergetic head and neck massage that follows, tunes you into the experience and allows your thoughts to drift. Including facial cleansing with exfoliation, eyebrow plucking, purification and an extended facial massage that stimulates your blood circulation and has a regenerating effect.

90 minutes of indulgence

EUR 90

Body Care Ritual from "Head to Toe"

Enjoy the following treatments, spread out over 2-4 days

- Deluxe manicure excl. polish
- Deluxe pedicure incl. nail polish
- San VINO grapeseed oil massage
- San VINO body emollient
- Reflexology

A total of 250 minutes of indulgence
Treatments cannot be exchanged.

EUR 260

FACE

San VINO Facial Treatment

Experience a classic, intensive facial treatment (cleansing milk, red wine exfoliator with whole grains, crème pack, massage, finishing care), that pampers your skin and provides you with new vitality. Feel the effects of selected active red wine ingredients: moisturizing, stimulating and revitalizing.

60 minutes of indulgence

EUR 65

Maria Galland Facial

Thorough cleansing and exfoliation is followed by a relaxing massage. After this a mask is applied to suit the special requirements of your skin. The treatment is rounded off by a pampering moisturizer. Your skin is balanced and you feel gloriously relaxed.

60 minutes of indulgence

EUR 60



San Vino Treatment for Men

Wine and vineyards – the innovative care treatment especially for male skin. A bioenergetic head massage and follow-up facial cleansing with grapeseed exfoliation will immediately transfer you into a relaxation phase. An intensive massage for your face, eyes, shoulders and neck calms your skin and the face pack conditions and moisturizes your skin.

60 minutes of indulgence EUR 65

Thalasso Facial Maria Galland

Wellness at its best – a power treatment from the sea. Once skin is thoroughly cleansed, a special serum with active ingredients is applied and able to unfold its full effect under the cooling mask.

At the same time the effective algae mask cleanses your skin deep into the pores and ensures highly concentrated, long-lasting hydration. Micro algae stimulate metabolic processes and repair fatigued skin. Your skin becomes firm and is ideally supplied with moisture.

90 minutes of indulgence EUR 90

Treatment for sensitive allergic skin with Maria Galland Products

Your skin - and that which is best for your skin! – According to the active principle – helping your skin to help itself – this treatment sustainably activates your skin from the inside out. Special paraben-free products are used which are highly compatible with your skin. The treatment process is the same as a classic facial.

60 minutes of indulgence EUR 75

Caviar Luxury Treatment with Collagen Fleece

After your skin has been thoroughly cleansed, sumptuous preparations such as professional AHA ampules to stimulate cell regeneration, refreshing thermal water and a reactivating collagen caviar mask are selectively applied. Naturally, this treatment is then completed with an intensive facial massage. The firmness and elasticity of your skin improves noticeably.

100 minutes of indulgence EUR 105

FROM HEAD TO TOE

additionally, in connection with a facial

Eye Treatment with Thalasso

We use a special concentrate to care for and smooth the delicate area around your eyes: Perfect for lines and wrinkles around your eyes. Afterwards an eye mask that is rich in minerals is applied to cool and refresh your skin. Puffiness and dark circles are significantly reduced. The area around the eyes glows with youthful smoothness and freshness.

15 minutes EUR 25

Depilation

Only in connection with a facial

Upper lip, chin or eyebrows	EUR 10 each
Legs up to the knee	EUR 25
Whole leg	EUR 37
Bikini line	EUR 18
Armpit	EUR 18

Lash Enhancement

Only in connection with a facial

Tinted eyelashes	EUR 14 each
Tinted eyebrows	EUR 11 each
Eyebrow plucking	EUR 8
Combination of tinted eyelashes, tinted and plucked eyebrows	EUR 25



HANDS AND FEET

Manicure

Cuticle and nail treatment incl. manicure.

- excl. polish
30 minutes EUR 32
 - incl. polish and clear coat – colour of your choice
40 minutes EUR 39
-

Manicure Deluxe

Hand treatment with exfoliation, cuticle and nail treatment, treatment pack and massage and moisturizer to suit your hands.

- excl. polish
50 minutes EUR 45
- incl. polish and clear coat
60 minutes EUR 52



Pedicure

Pedicure incl. footbath, cuticle and nail treatment, removal and smoothing of hard skin and a follow-up moisturizing treatment.

- excl. polish
50 minutes EUR 45
 - incl. polish
60 minutes EUR 52
-

Pedicure Deluxe

Treatment of your feet with exfoliation, footbath, cuticle and nail treatment, removal and smoothing of hard skin, foot pack and massage.

- excl. polish
60 minutes EUR 58
- incl. polish
70 minutes EUR 65

MASSAGES AND BODY TREATMENTS

Full-body Massage

Relaxation and balance – recovery for your body, warm aromatherapy oils and gentle or powerful massage techniques that are applied to suit your personal requirements, relieve tension in your muscles. Circulation, metabolic processes and lymph flow is stimulated.

- 50 minutes of indulgence EUR 60
-

San Vino Grapeseed Oil Massage

This relaxing full-body massage with hot grapeseed oil provides new energy and puts your senses at ease. Hot grapeseed bags loosen your muscles during the massage and provide you with an incomparable sense of well-being.

- 50minutes of indulgence EUR 70

Relaxation for your Back

In these fast-paced times, almost everyone is familiar with back tension. In order to loosen muscles and to stimulate blood circulation, we work deep into the tissue so that your back is relieved from tension.

- 25 minutes of indulgence EUR 30
 - 40 minutes of indulgence incl. legs EUR 45
-

Foot Reflexology

switch off – indulge – enjoy
The entire human body is reflectively mapped on your feet. Through stimulating techniques all the organs and systems and their interactions are supported. Our feet are the foundation of our body and we should pay more attention to them.

- 50 minutes of indulgence EUR 60



BALANCE AND WELL-BEING

The gentle energy of precious stones

Having matured in the earth over thousands of years, precious stones are able to unfold a special kind of energy. They have always been known for their soothing, balancing and strengthening effects.

A full-body massage with a large selection of stones and high quality natural oil harmonizes reflex points and meridians.

80 minutes of indulgence

EUR 90

Craniosacral Treatment

regenerating relaxation

This therapeutic application is a very gentle yet deeply effective form of bodywork which addresses the human body and spirit as a whole. Treatment is performed by means of the craniosacral rhythm which provides information about the body's systems. Powers of self-healing are stimulated.

50 minutes of indulgence

EUR 60



San Vino Body Emollient

Tenderly melting body balm from our cold-pressed grape-seed oil and shea butter, pampers your skin like silk and satin, enfolding you in gorgeous fragrances during this sensual massage.

25 minutes of indulgence

EUR 35

San Vino Soap-brush Massage

An intensive brush massage with exfoliating soap lather from cold-pressed grapeseed oil and grapeseed husks that stimulates your blood circulation. This application which is taken from the practices of traditional bathhouses, leaves your skin feeling gloriously pure and provides the ideal prerequisite for a sauna.

25 minutes of indulgence

EUR 35



WELLNESS FROM MÜNSTERTAL

Münstertal Detox Honey Massage

invigorating – detoxing – cleansing

By means of a dynamically activating plucking technique, your back (and on request your thighs) are treated with honey. Acids and toxins stored in the skin are drawn out of the tissue.

Organs are also stimulated via the respective reflex zones in your back. This massage has a relaxing and balancing effect; the nourishing effect of the honey unfolds.

We use honey from Münstertal for this treatment!

Session 50 minutes

EUR 60

Sheep Wool Full-body Bath

relaxing – soothing – stimulating

Enjoy a wool bath in a sheep wool blanket made of pure natural sheep wool from Steinbrunnenhof, a farm in Obermünstertal. This wool has an extremely high wool fat content with approximately 3% lanolin and without the use of pesticides. The treatment time comprises 30 minutes – during this time you are wrapped in a blanket from head to toe. The tension in your neck and shoulder is released with gentle massaging techniques. After the treatment is completed you may take the sheep wool blanket with you and continue using it at home!

The wool bath may not be used on people with a sheep wool allergy.

Session 50 minutes

incl. the sheep wool blanket

EUR 115





WELLNESS TREATMENTS FROM AROUND THE WORLD

Hawaiian Lomi Lomi Aloha Pono Massage

A feast for the senses and a ritual for letting go! Lomi means: connecting strokes with hands and forearms, gentle yet powerful. Aloha means “feel welcome”, be with yourself and others through affection, respect, honour, love, gratefulness and empathy. Pono: encountering yourself with inner balance. A condition of deep relaxation coupled with vitality and zest for life.

80 minutes of indulgence

EUR 90

Abhyanga

Abhyanga is a deeply relaxing, invigorating full-body oil massage. High quality oils are used that penetrate into the body through the skin and unfold their balancing effect. These oils provide the body with nourishment as well as a stimulation for purification and detoxification processes. The marma energy points and the nadis (energy pathways) are stimulated, balanced and harmonized. A source of rejuvenation that dates back 5000 years.

80 minutes of indulgence

EUR 90

CHINA MEETS THE BLACK FOREST

TRADITIONAL CHINESE MEDICINE

External therapeutic stimulation treatments also include the insertion of thin needles (acupuncture) and cupping.

Acupuncture

People are healthy as long as their energy flows harmoniously. Acupuncture is a traditional Chinese technique that is used to dissolve blockades and to regulate the flow of Qi. It helps to maintain and promote our bodily and spiritual sense of well-being.

45 minutes of indulgence

EUR 50

Back Massage with Cupping

Fire cupping and a head massage with cupping helps you to relax your shoulder, neck and back muscles. Connective tissue is activated, muscles are loosened and warmed, it facilitates the drainage of impurities and the immune system is stimulated.

40 minutes of indulgence

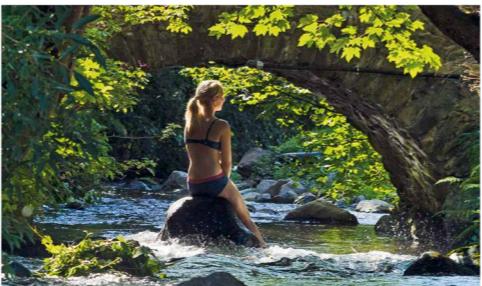
EUR 45

Salt Exfoliation

Body exfoliation with natural oils and Himalayan salt. The entire body is activated, impurities are dissolved and the body is able to detoxify. Blood circulation in the skin is stimulated and you feel energized.

50 minutes of indulgence

EUR 60



© WavebreakMediaMicro Fotolia



ROMANTIC HOTEL SPIELWEG GMBH · FAMILY FUCHS · SPIELWEG 61 · D-79244 MÜNSTERTAL
T +49 7636 709-0 · F +49 7636 709-66 · WWW.SPIELWEG.COM